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Difference Between Cream and Lotion

1. The first and foremost is in their composition. Both of them are mixtures of oil and water but with different amounts and variety of contents.
2. Creams have a higher oil content as compared to lotions while lotions have higher water content.
3. Another major difference is in their consistency. Creams have a thicker consistency because of the higher oil content whereas lotions have a significantly lighter consistency than creams as they have more amount of water than oil.
4. Next is the greasiness. Creams are relatively greasier than lotions, again because of their composition involving more oil than water. And lotions, on the other hand, are quite less greasy.
5. Because of their composition and effects, creams are generally more suitable for skin which dry to highly dry whereas lotions are more suitable for skin which is normal to slightly dry.

Source and more details: <https://askanydifference.com/difference-between-cream-and-lotion/>



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